

Foxborough Council on Aging and Human Services Board Meeting April 28, 2016

Present: Director-Vicki Lowe, Chairperson-Lloyd Gibbs, Vice chairperson-Milli Greene, Wendy Haney, Bob Murphy, Janet O'Neil, Betty Travers, Ann Alibrandi, Nancy Stockwell, Joanne Pratt, and HESSCO Rep.-Helen Rice

Absent/Excused: All present.

The meeting was called to order by Lloyd Gibbs at 3pm.

Minutes: The minutes from the March 31st meeting were approved as written.

Director's Report:

Budget Report-The budget is status quo with no unexpected expenses.

Office Report-The driveway project is slated to start construction on the second week in May. Chris Gallagher, the town engineer, has drawn up a plan. Bill Cascara has submitted a plan to the Planning Board and Bill and Vicki also met about restrictions in our zone for signage. Vicki passed this along to Tony Moussalli, from centralized maintenance, who is working with the sign company.

The Rotary Club of Foxboro donated a popcorn machine to the senior center. There will be popcorn all day Wednesday as well as on movie day and for some events. Vicki stated that it seemed like a healthy alternative to donuts throughout the day. The seniors seem to be enjoying it.

Programs Update-Vicki is on an Opioid Task Force with other town officials. She has been working with Brigham and Women's on arranging an educational program. Pam and Vicki will have a conference call with them tomorrow to work out the details. Pam is also working on speakers for the Foxboro Linked Together group on this subject.

We are going to be hosting a Mass. Council on Aging program, for professionals, called Government Days on May 26th.

The HESSCO grant program, My Life My Health, ended in Walpole on April 20th. The Foxboro program called Chronic Pain Self-Management ended today (April 28th). The final workshop, under the grant, for this year will be at the Senior Center and will run from May 19th thru June 23rd. The name of this program is Diabetes Self-Management. The participants seem to be enjoying the programs. They complete an evaluation at the end of the program and feedback has been positive.

Yesterday (April 27th) was the last of the four part series called Food For Life. The nutrition class used recipes from the class for their Pot Luck Dinner. Feedback for the program was positive. The program ran on Wednesdays in April from four to six pm.

We started an art and floral arranging class with a new instructor. The new instructor is working out well. Vicki has scheduled two more classes in May and two more in June.

The Mother's Day Luncheon will be fully funded and staffed by the Rotary Club of Foxboro. This includes the entertainment. Currently there are seventy people signed up. The luncheon will take place on May 5th.

The Minds in Motion Class is full with a waiting list. The instructor put a limit on the number of participants to maximize the effectiveness of the program. This program will run for two months. The instructor asked participants to commit to at least six out of the eight weeks of classes. There are six or seven people on the waiting list.

Brigham and Women's Physical Therapy will be doing a Falls Prevention program in May.

Friends Funded Programs-Paolo will be doing some lectures in May and June. We have a new presenter who will be doing a program on the Galapagos Islands on May 18th. There will be a musical show on June 23rd called the Fabulous Fifties. The Friends are funding three out of the five items that Vicki requested funding for.

Human Services Report-Human services has been very busy with client issues and with transportation. They are finding that they are busy with client appointments during our late hours on Wednesdays.

HESSCO Report:

Our HESSCO Rep., Helen Rice, gave us her report for April. She stated that the board training focused on the role of nurses at the agency. There is a lot of focus on case management as it is the biggest group of people in the agency. They are responsible for getting services, determining eligibility, and setting up a service plan for consumers. The role the nurses are required to do in their caseload is to look at or discuss every intake that comes in and evaluate the level of care needed and set up a service plan and refer to an agency if a higher level of service is needed.

The 5K Road Race held in March grossed over \$45,000 which was \$10,000 more than last year.

The House Ways and Means budget will be out. They are still trying to get the language changed in the Legislation around a new Accountable Care Organization that Mass-Health is proposing. Their focus is that it is important that there is an independent assessor, someone who can speak for the consumer.

Vicki mentioned that HESSCO is a state run and salaried agency that serves twelve surrounding towns.

Friends of Foxboro Seniors Report:

No report from the Friends. Vicki had previously given us a summary of Friends funded programs.

OLD BUSINESS:

At our last meeting, Vicki had asked if anyone would be interested in serving on the Child Sexual Abuse Prevention Task Force. Nancy Stockwell has volunteered to do this.

NEW BUSINESS:

Vicki brought to our attention that a duplicate key to the building, made at Aubuchon's Hardware, was found in the driveway to the building. She spoke to the manager of Aubuchon's and he said that even if a key says 'DO NOT DUPLICATE' (as do all of our building keys) that it is their practice to make a copy when asked. So, 'DO NOT DUPLICATE' is not a protection for building security. The building is being rekeyed and non-employees will no longer be allowed a key to the building. This is effective immediately.

The meeting was adjourned at 3:40pm. The next meeting will be on Thursday, May 26th at 3pm.

Respectfully submitted,

Wendy Haney

